

## **PURPLE BELT**

### **SELF DEFENCE TECHNIQUES**

- 1—TWIRLING WINGS
- 2—SNAPPING TWIG
- 3—LEAPING CRANE
- 4—SWINGING PENDULUM
- 5—CRUSHING HAMMER
- 6—CAPTURED LEAVES
- 7—EVADING THE STORM
- 8—CHARGING RAM
- 9—PARTING WINGS
- 10--THUNDERING HAMMERS
- 11—SQUEEZING THE PEACH
- 12—CIRCLING WING
- 13—CALMING THE STORM
- 14—DARTING MACE
- 15—HOOKING WINGS
- 16—SHIELD AND SWORD
- 17—GIFT IN RETURN
- 18—BOW OF COMPULSION
- 19—OBSTRUCTING THE STORM
- 20—TWIN KIMONO
- 21—SLEEPER
- 22—SPIRALING TWIG
- 23—CROSS OF DESTRUCTION
- 24—FLIGHT TO FREEDOM

### **FREESTYLE TECHNIQUES**

B5a; B5b; B5aP; B5bP; B5aPbk; B5aPhk;B5aPbkhk; B5aPhkbk;tsKrK; rKtsK;  
BlatsKrK; tsKrKB1a; tsKB5a; tsKB5b;tsKB5aP; tsKB5bP; tsKB5aPbk; tsKB5aPhK;  
tsKB5aPbkhK; tsKB5aPhKbk;rKtsKB6bk; rKtsKB6hK; rKtsKB6bkhK; rKtsKB6hKbk;  
rKtsKB5a; rKtsKB5b;rKtsKB5aP; rKtsKB5bP; rKtsKB5aPhK; rKtsKB5aPbk;  
rKtsKB5aPbkhK;rKtsKB5aPhKbk;

### **FORMS & SETS**

- 2 MAN SET PURPLE
- STANCE SET 1
- COORDINATION SET 1
- SHORT FORM 2 (both sides)
- BOW SET 1, 2, 3
- SINGLE STICK SET 1, 2

### **IPPON KUMITE**

BRUSH BLOCK INSIDE: BRUSH BLOCK OUTSIDE: SANCHIEN

## **ALL PREVIOUS BELT REQUIREMENTS**