

BROWN BELT SECOND DIVISION

SELF DEFENCE TECHNIQUES

- 1—FATAL CROSS
- 2—TWIRLING HAMMERS
- 3—DEFENSIVE CROSS
- 4—DANCE OF DARKNESS
- 5—MARRIAGE OF THE RAMS
- 6—THE RAM AND THE EAGLE
- 7—ESCAPE FROM THE STORM
- 8—CIRCLING WINDMILLS
- 9—DESTRUCTIVE KNEEL
- 10—BOWING TO BUDDHA
- 11—REVERSING CIRCLES
- 12—REPRIMANDING THE BEARS
- 13—CIRCLING THE STORM
- 14—UNFOLDING THE DARK
- 15—UNWINDING PENDULUM
- 16—PIERCING LANCE
- 17—ESCAPE FROM DARKNESS
- 18—CAPTURING THE ROD
- 19—PRANCE OF THE TIGER
- 20—BROKEN ROD
- 21—ENTWINED MACES
- 22—DEFYING THE ROD
- 23—FATAL DEVIATION
- 24—TWISTED ROD

FORMS & SETS

- SHORT FORM 4
- LONG FORM 4
- POLE SET 1 (DRAGON POLE)
- STRIKING SET 1, 2
- BROWN 2 MULTI OPPONENT SET

ALL PREVIOUS BELT REQUIREMENTS

